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PRESS RELEASE

FOR IMMEDIATE RELEASE:

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Date: May 29, 2020

Mediation Matters Maintains Services Virtually

Mediation Matters, a multi-faceted organization with the mission to provide skills and processes to help people handle conflict in a constructive way, may have their offices closed, but staff and volunteers are operating at full strength to maintain services virtually.

Restrictions on public gatherings and limited community services not only escalates the potential for conflicts but also can leave those in conflict situations feeling more stressed. Further, even as the region begins to reopen, many impacts are still felt and the feelings of uncertainty are still very present. This is where the resources of Mediation Matters can serve best.

“Our services have never been more needed,” says Sarah Rudgers-Tysz, Mediation Matters Executive Director. “We want our communities to know that we are here to help. Mediation Matters can offer mediation and other confidential services remotely through the use of web-based platforms.”

While courts are hearing a limited number of cases at this time, community members do not need to have a court case filed to access services. A simple phone call to 518.446.0356 or email to contact_us@mediationmatters.org can begin the process of obtaining appropriate conflict resolution services.

Mediation Matters offers a variety of services to help individuals navigate conflicts including:

- Mediation – a process where two parties discuss their conflict with the help of a professionally trained mediator to explore a resolution
- Conflict coaching – a one-on-one process where an individual connects with a professionally trained conflict coach to develop strategies to best handle a specific conflict situation
- Restorative Circles – a process where a group is assisted by a professionally trained Circle Keeper to engage in a structured, meaningful, and productive conversation where everyone is valued and the group can move forward in a positive manner.

“These are challenging times where we are learning like never before just how interdependent we are”, says Rudgers-Tysz. “Our services, whether in-person or virtual, present an opportunity for better understanding of ourselves and one another. Mediation Matters remains committed to providing conflict resolutions services and especially during this very challenging time.”

For more information about Mediation Matters, visit mediationmatters.org.